



Bloody Mary 7



TIDE & TONIC
HOOK • LIME • SINKER



Mimosa | Spritz 9

BRUNCH

Available Saturdays & Sundays
from 9 a.m. to 2 p.m.

OMELETTES

Served with homefries or grits & choice of toast **15**

Western

Peppers, Onions, Ham & Cheddar

Italian

Peppers, Onions, Sausage & Provolone

French

Ham, Mushrooms & Swiss

Florida

Mushrooms, Onions, Peppers, Tomatoes, Broccoli

7 Mile

Sausage, Ham, Bacon & American

BREAKFAST SPECIALS

7MG Homemade Corned Beef Hash 15

*****Famous 7 Mile Grill Hash
from the Florida Keys*****

Served with two eggs, any style, Homefries or Grits & Choice of Toast

Country Fried Steak 15

Over Sausage Gravy, Two Eggs, any Style, Homefries or Grits & Choice of Toast

Biscuits & Gravy 15

Our Flaky Biscuits and Homestyle Gravy served with homefries or grits



BUILD YOUR OWN OMELETTE

11 + Each Item Added

Veggies (\$1 each):	Meat (\$2 each):	Cheese (\$1 each):
Mushrooms	Bacon	American
Onions	Ham	Swiss
Peppers	Sausage	Cheddar
Tomatoes		Provolone
Broccoli		



IHBB Breakfast 15

Two eggs, any style, Homefries or Grits, Ham, Bacon or Sausage & Choice of French Toast or Pancake

Rise & Tide 13

Two Eggs, any Style, Bacon, Sausage or Ham, Homefries or Grits & Choice of Toast

TNT Breakfast Sammy 13

One Egg, any style, Bacon, Ham or Sausage and melty Cheese on your choice of bread, served with Homefries or Grits

FROM THE GRIDDLE

TOP IT OFF

Strawberries,
Blueberries,
Bananas, Whipped
Cream, Chocolate
Chips **2 each**

French Toast

One Slice **6**
Two slices **10**

Buttermilk Pancakes

One Pancake **4**
Two Pancakes **7**
Three Pancakes **10**




EXTRAS

\$2	\$3	\$4	\$5	\$10
Bagel	One Egg	Homefries	Bacon	Country Fried
English Muffin	One Egg White	Grits	Ham	Steak
Homemade Biscuit	Upgrade to Egg	Fruit	Sausage	Biscuits & Gravy
White, Wheat or Rye	Whites	Side of Gravy	Corned Beef Hash	
Toast				

Consumer Advisory: Consuming RAW or under-cooked Meat, Poultry, Shellfish, or Eggs may increase the risk of foodborne illness especially if you have certain allergies or medical conditions.

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EGGS BENEDICT

Two perfectly poached eggs over English muffin and topped with our homemade hollandaise, served with homefries or grits

Canadian Bacon 15
Corned Beef Hash 17
Crab Cake 19

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BEVERAGES

Coffee 4	Ask your server for our beer, wine & cocktail menu!
Espresso 3	
Tea 4	
Fresh OJ 4	